

# ST. JOSEPH'S SCHOOL MENU, DAGENHAM

DATES: 23RD FEB, 9TH MAR, 23RD MAR, 20TH APRIL, 4TH MAY, 18TH MAY, 8TH JUNE, 22ND JUNE, 6TH JULY, 20TH JULY.



WEEK ONE

## HAPPY MONDAY

<b>MAINS</b>
Crunchy Bean Burger (G)
Classic Beef Burger (G)
<b>PASTA</b>
Pasta & Tomato Sauce (G, SO, MU)
<b>SIDE</b>
Potato Wedges Coleslaw Sweetcorn
<b>DESSERT</b>
Smoothie ice Cream (MK)

## TUESDAY PASTA KING

<b>MAINS</b>
Creamy Spinach Gnocchi (MK, G, E, MU)
Classic Beef Bolognese (NO ALLERGENS)
<b>PASTA</b>
Pasta & Tomato Sauce (G, SO, MU)
<b>SIDE</b>
Baked Garlic Broccoli Wholemeal Pasta (G,SO,MU)
<b>DESSERT</b>
Sticky Date Biscuit (G, SO)

## GO GREEN WEDNESDAY

<b>MAINS</b>
Crispy Margherita Pizza (MK,G,SO)
Vegetable Sweet & Sour Noodles Stir Fry (G,SO)
<b>PASTA</b>
Pasta & Tomato Sauce (G, SO, MU)
<b>SIDE</b>
Green Beans Sweetcorn
<b>DESSERT</b>
Banana & Lentil Cake (G,SO,E)

## THURSDAY ROAST

<b>MAINS</b>
Roasted Vegetable Filo Parcel (G, L, MU, SO)
Peri Peri Chicken (NO ALLERGENS)
<b>PASTA</b>
Pasta & Tomato Sauce (G, SO, MU)
<b>SIDE</b>
Green Beans Yorkshire Pudding (G,MK,E) Mash Potato (MK) Gravy
<b>DESSERT</b>
Apple and Berry Crumble (SO, G) with Custard (MK)

## FRIDAY FUN DAY

<b>MAINS</b>
Vegan Nuggets (G)
Battered Fish Fillet (G,F)
<b>PASTA</b>
Pasta & Tomato Sauce (G, SO, MU)
<b>SIDE</b>
Oven Baked Chips Peas Curry Sauce (CE,MU)
<b>DESSERT</b>
Fresh Fruit (NO ALLERGENS)

## THEME DAYS

**MARCH**

17th March 2026  
St. Patricks Day

24th March 2026  
Easter Lunch

**APRIL**

23rd April 2026  
St. George Day

**MAY**

21st May 2026  
Census Day

**JUNE**

11th June 2026  
Taste of Summer

**JULY**

16th July 2026  
Picnic Day

## AVAILABLE DAILY



Sandwiches Selection



Low fat Yoghurts



Seasonal Fresh Fruit



Freshly Baked Bread



Jacket Potato Available Daily



Locally sourced salad bar

**V: VEGETARIAN**

**VE: VEGAN**

## ALLERGEN INFO

CE = CELERY  
CR = CRUSTACEAN

E = EGGS  
F = FISH

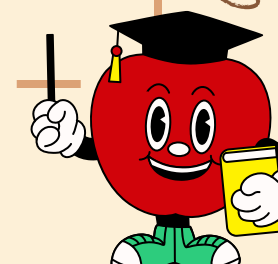
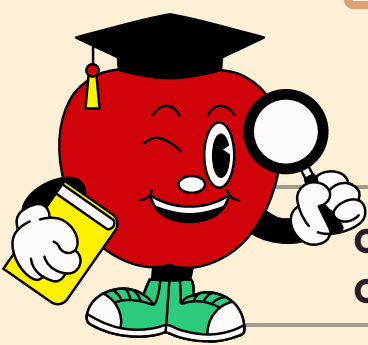
G = GLUTEN  
L = LUPIN

MK = MILK  
MO = MOLLUSCS

MU = MUSTARD  
N = NUTS

P = PEANUTS  
SE = SESAME SEEDS

SO = SOYA  
SU = SULPHITES



# ST. JOSEPH'S SCHOOL MENU, DAGENHAM



DATES: 2ND MAR, 16TH MAR, 13TH APRIL, 27TH APRIL, 11TH MAY, 1ST JUNE, 15TH JUNE, 29TH JUNE, 13TH JULY.

WEEK TWO

## HAPPY MONDAY

### MAINS

Vegetable Jambalaya (MU)

Chicken Pomodoro (NO ALLERGENS)

### PASTA

Pasta & Tomato Sauce (G, SO, MU)

### SIDE

Steamed Cabbage  
Sweetcorn

### DESSERT

Smoothie ice Cream (MK)

## TUESDAY PASTA KING

### MAINS

Wholesome Mac and Cheese (G, MK, SO)

Classic Beef Lasagne (G, MK, E, MU, SO)

### PASTA

Pasta & Tomato Sauce (G, SO, MU)

### SIDE

Steamed Peas  
Green Beans

### DESSERT

Peach Jelly Trifle (MK)

## GO GREEN WEDNESDAY

### MAINS

Crispy Margherita Pizza (MK, G, SO)

Mediterranean Vegetable Lasagne (MK, E, MU, SO, G)

### PASTA

Pasta & Tomato Sauce (G, SO, MU)

### SIDE

Sweetcorn  
Carrots

### DESSERT

Apple and Berry Crumble (G, SO) with Custard (MK)

## THURSDAY ROAST

### MAINS

Butternut, Feta, Spinach Filo Parcel (L, SO, MU)

Traditional Roast Chicken (NO ALLERGENS)

### PASTA

Pasta & Tomato Sauce (G, SO, MU)

### SIDE

Roast Potatoes  
Cauliflower  
Yorkshire Pudding (G, MK, E)  
Gravy

### DESSERT

Chocolate and Orange Brownie (E, MK, SO, G)

## FRIDAY FUN DAY

### MAINS

Cheese, Pea and Leek Frittata (E, MK)

Classic Fish Fingers (G, F)

### PASTA

Pasta & Tomato Sauce (G, SO, MU)

### SIDE

Oven Baked Chips  
Peas  
Curry Sauce (CE, MU)

### DESSERT

Fresh Fruit (NO ALLERGENS)

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Easter Lunch

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St. George Day

### MAY

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Census Day

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