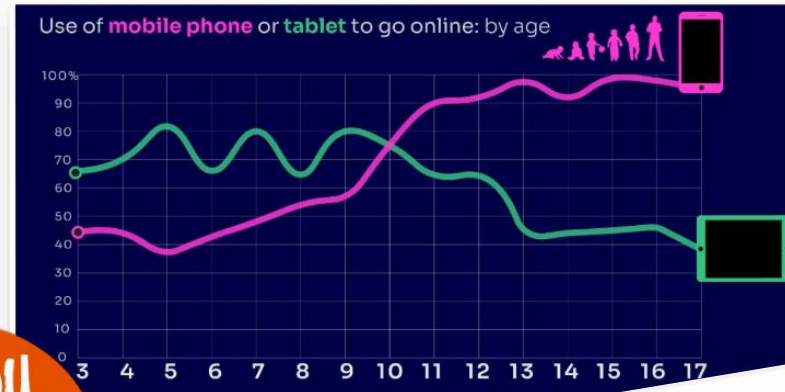


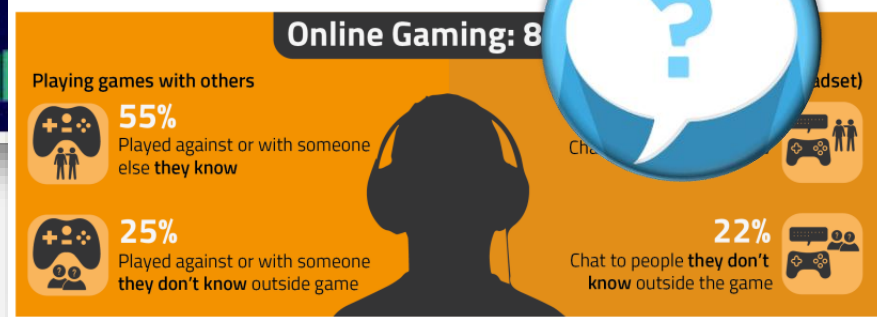
**NEW  
for  
2025**

# PARENT ONLINE SAFETY

A ready to use Presentation for Schools, Community Groups and Youth Centres



**DID YOU KNOW?**



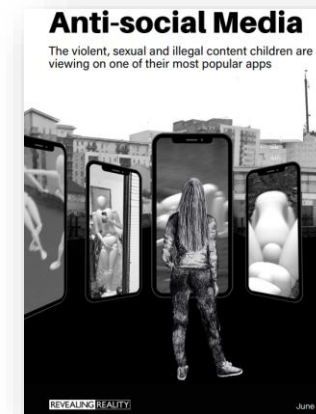
# This presentation brings together:

- **Key Findings from:**

- [Children and parents: Media Use and Attitudes report](#)
- [Children's Online User Ages 2025 Quantitative Research Study](#)
- [Children and parents: media use and attitudes report 2025 – interactive data](#)
- [IWF Annual Data & Insights Report 2024, published April 2025](#)
- [https://www.gambleaware.org/media/hbcp3qgd/exploring-the-lived-experience-and-views-of-gambling-among-children-and-young-people\\_final\\_0.pdf](https://www.gambleaware.org/media/hbcp3qgd/exploring-the-lived-experience-and-views-of-gambling-among-children-and-young-people_final_0.pdf)
- [NSPCC \(2024\) Young people's experiences of online sexual extortion or 'sextortion'](#)
- [Internet Watch Foundation Annual Report 2023](#)
- [Evidence on pornography's influence on harmful sexual behaviour among children Report 2023](#)
- [Revealing-Reality Anti-social Media Report 2023](#)

- **Suggested Resources and Tips for Staff to help Parents/Carers:**

- keep up with the latest trends, apps and games
- manage controls and settings
- talk to children about risk



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# Warning!





# TALKING TO YOUR CHILD ABOUT LIFE ONLINE

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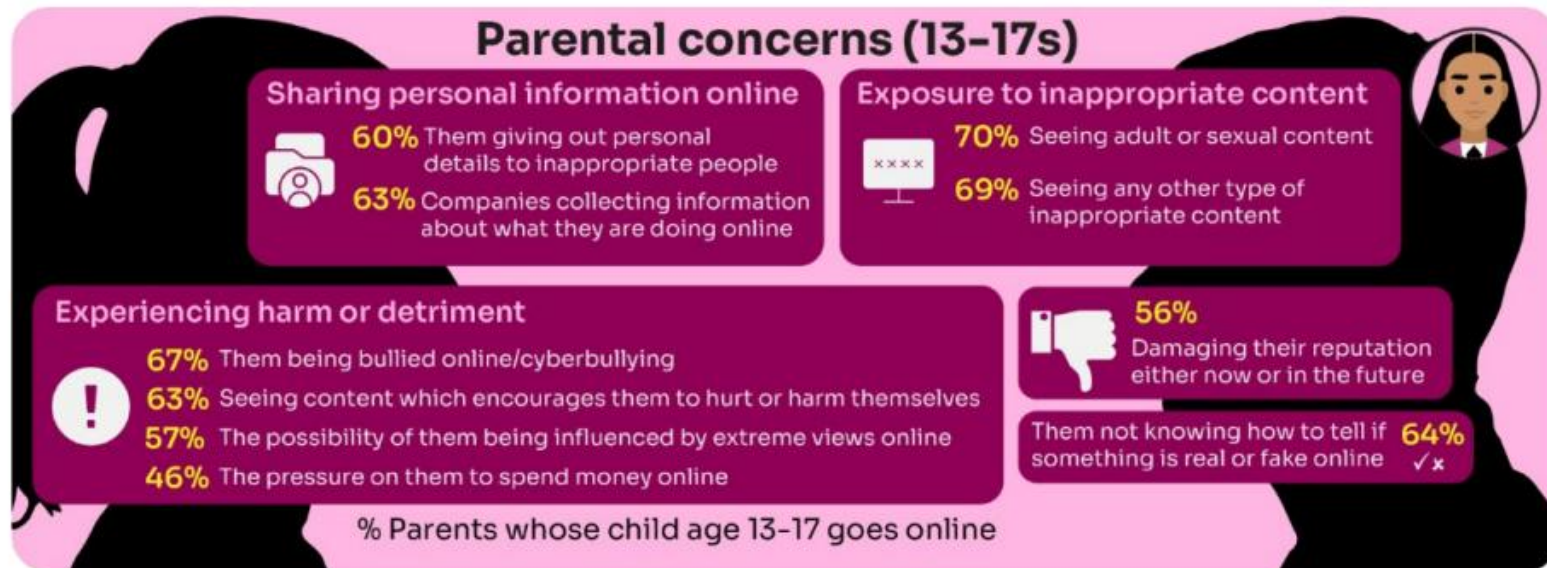
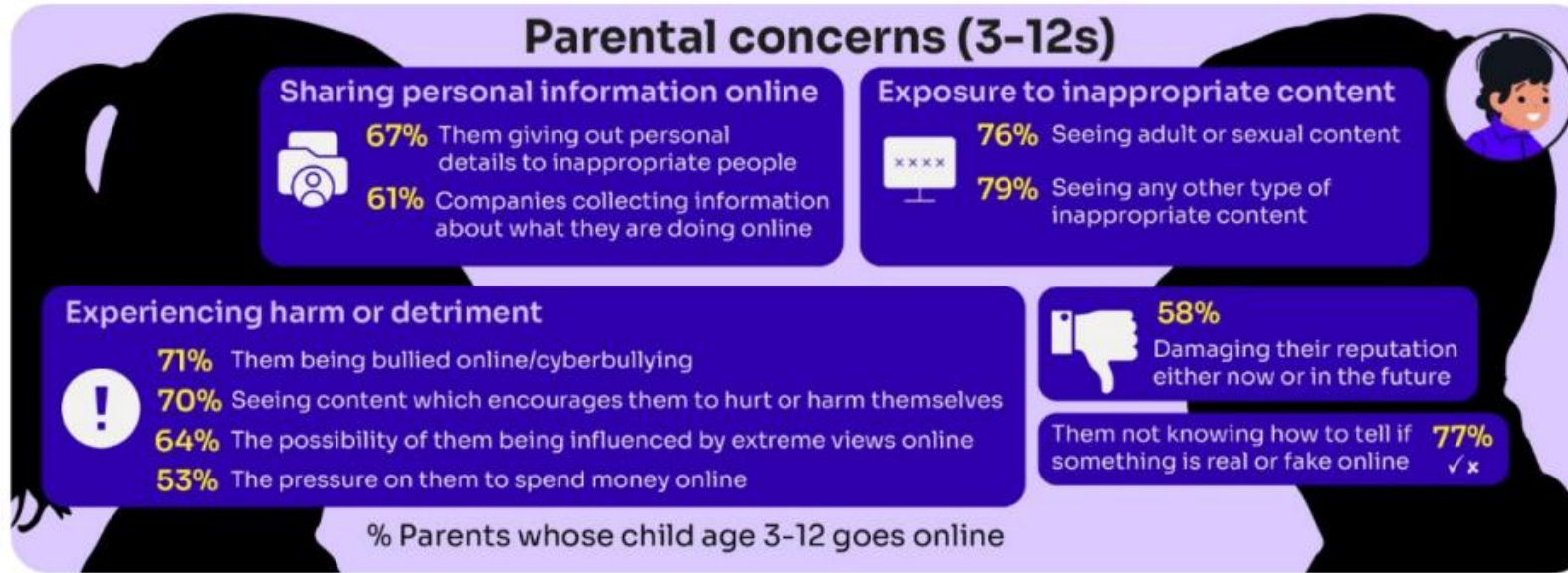


What are you most **WORRIED** about when your child is **ONLINE**?



# Summary of parental concerns (3 – 17 yr-olds)

Source: Children and parents: media use and attitudes report 2025



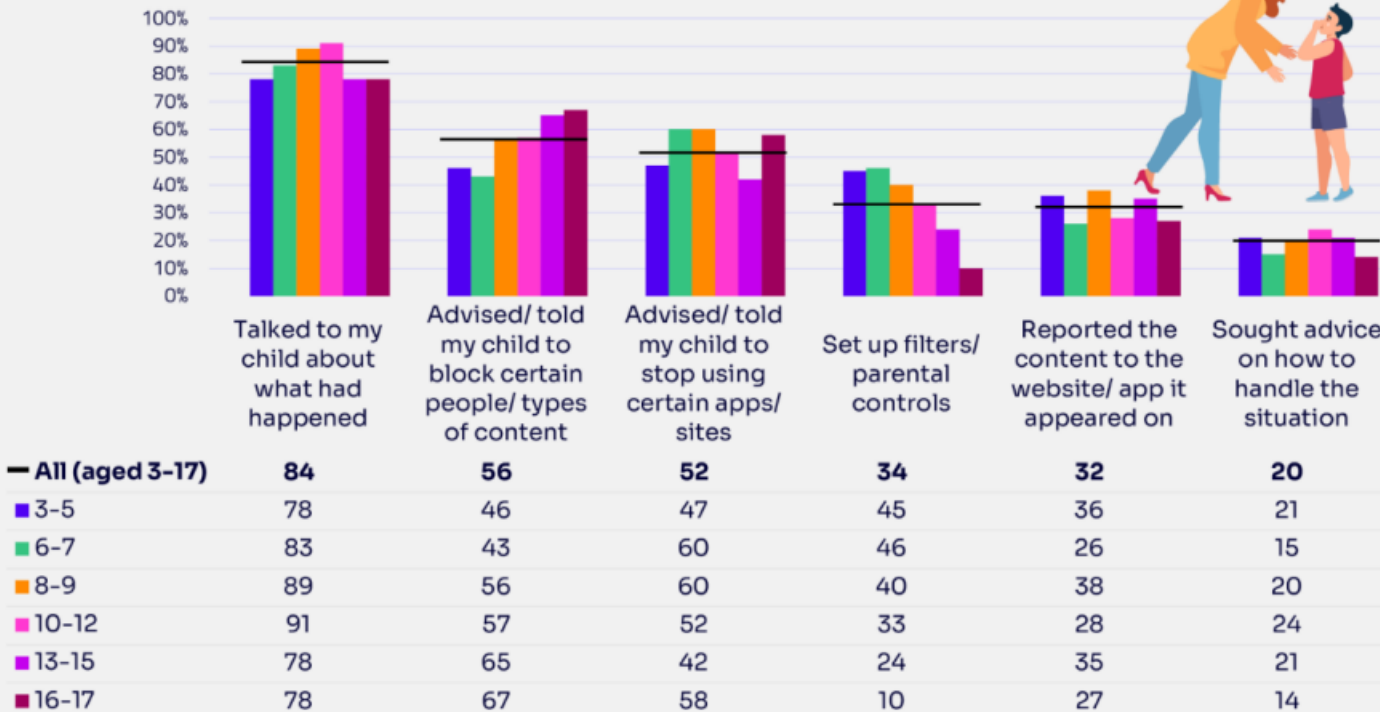


# Are you **CONFIDENT** to **TALK TO YOUR CHILD?** Is your child confident to **TALK TO YOU?**

**WHAT WOULD YOU DO?**  
Are there any areas you would not feel confident or comfortable to discuss?

**1 in 5** parents said their child told them about something they'd seen online that scared or upset them

Action taken (%)



**Younger children are more likely to tell a parent if they see something worrying or nasty online:**

- 92% of 8-12-year-olds say that they would tell a parent
- 85% of 13-17s say that they would tell a parent



# YOU don't need to be an **EXPERT ... be a PARENT**



- **It's your choice** – don't let others dictate when the right time is to use tech.
- **Stay involved** – make time to communicate, talk about what they are doing. What do they enjoy? What makes them laugh?
- **Don't quiz them** – have regular conversations. What's their favourite app? What is the best site to learn new things from?
- **Join in** – watch them play a game and join in. Who are they playing with? Do they know the other players?
- **'Show me how...'** – ask their advice to help you with your privacy settings, who you should add as a friend, are there any risks?
- **Lead by example** – children learn as much from watching as they do from being told not to do something, so model good behaviour
- **Reassure them** – tell them that they won't get in trouble and that you are always there to help

# PARENTSAFE

*Keeping your children safe: online & beyond*

This page is for parents - if you are a teacher, click [here](#)

It's never easy to know how to keep our children safe when they aren't with us, and sometimes even when are, if we don't know what's happening in their lives or on their devices! Who are they talking to, what are they doing, are they okay? Don't despair though...scroll through this page for help or click a button to go straight to a particular topics.

TOP TIPS RIGHT NOW

SAFE SETTINGS & CONTROLS

WHAT'S THAT APP?

TALKING TO CHILDREN

SCREENTIME

TOP TOPICS (porn, bullying, ...)

SEX & RELATIONSHIPS

HELP & REPORTING

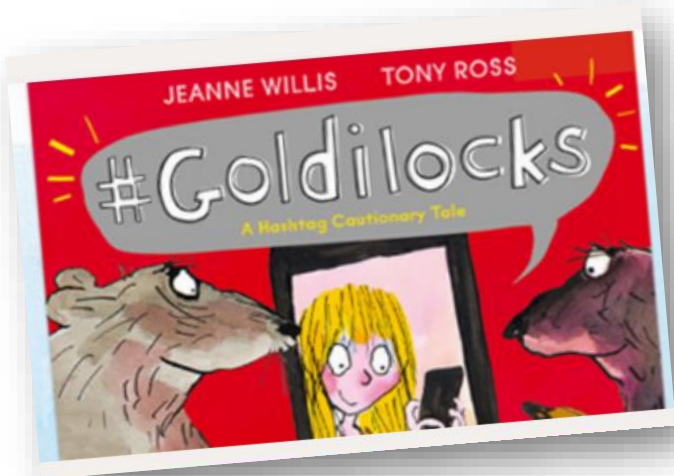
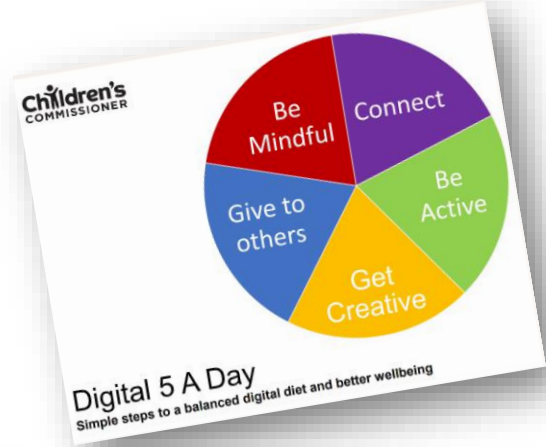
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[parentsafe.lgfl.net](https://parentsafe.lgfl.net)

# TALKING TO CHILDREN ABOUT LIFE ONLINE

Find conversation starters, story time ideas and top tips to reinforce key safety messages at [parentsafe.lgfl.net](https://parentsafe.lgfl.net)



Discussion Guide



Thorn have 18 topic-based discussion guides with questions to help start conversations!



**PARENTSAFE**  
Keeping your children safe: online & beyond



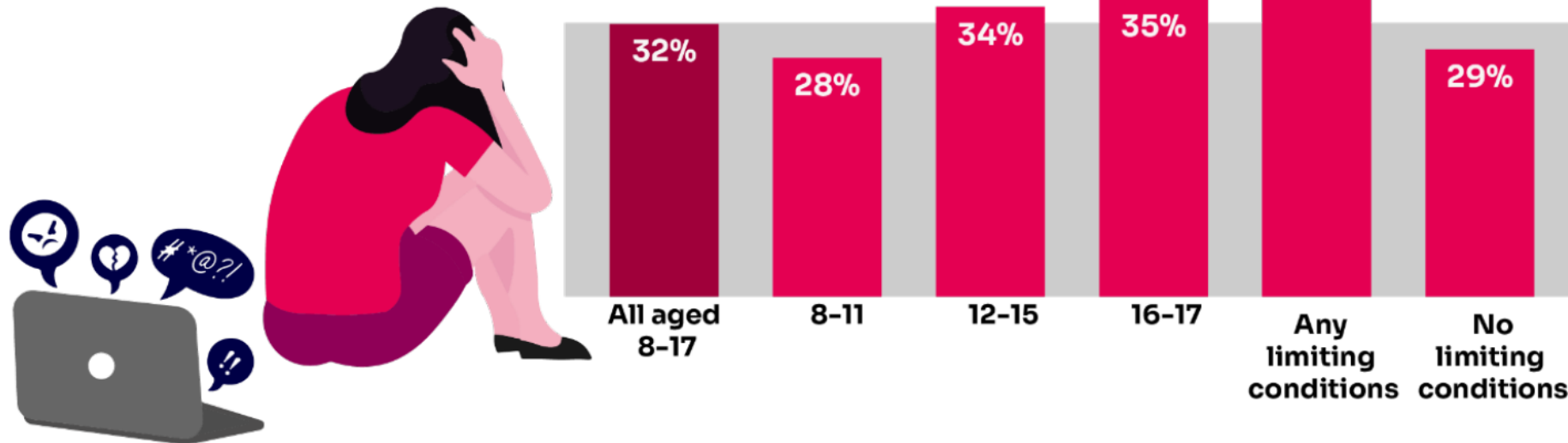
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# **RISKS AND NEGATIVE EXPERIENCES**

# Summary of children's negative experiences

In the past 12 months, have you seen anything online that you found worrying or nasty in some way that you didn't like?



**BUT Only 20% of parents report their child telling them about this in the same time frame.**

Source: Children and parents: Media use and attitudes report

# Current issues that schools are dealing with right now Include:

**Gen AI**

An internet  
made for  
adults  
accessible to  
children

**Lack of  
role  
models**

**Inappropriate  
phrases/pictures**

**Disinformation  
Misinformation**  
what can you believe?

# UK Reporting Helplines and Services for Children and Young People

Call 101 or 999 if there is an immediate risk of harm to your child



## NCA

Young people can report concerns about child sexual abuse and exploitation to NCA



Nude image of you online?  
We can help take it down.

## Report Remove

A free tool that allows children to report nude or sexual images and videos of themselves that they think might have been shared online



## ChildLine

A free, private and confidential service where CYP can talk about anything to a trained counsellor, online or on the phone



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Go to [reporting.lgfl.net](https://reporting.lgfl.net) to find out more

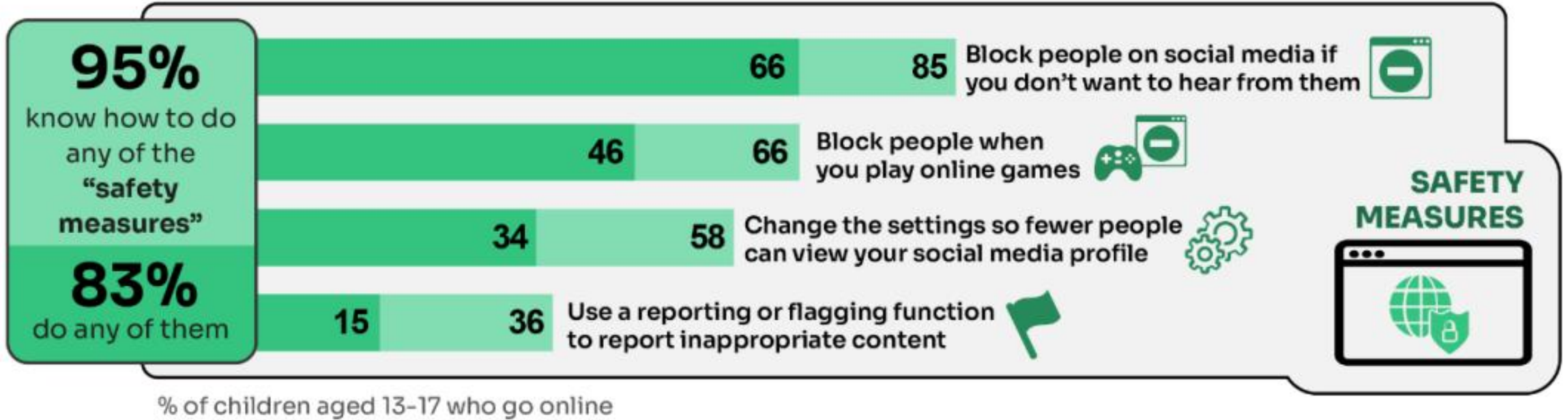


# **STAYING SAFE ONLINE AND REPORTING**

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# What do **YOUNG PEOPLE** do to **STAY SAFE ONLINE**?



**Only 15% had used a reporting or flagging function**  
(36% were aware of these functions)

# Remember!



## Before signing up to any app/site

check that your child meets the minimum age requirement

## Remind your child to be cautious about accepting friend requests:

a real friend is someone they/you know in real life, not a 'friend' they met gaming or in a chat room.

**Stress the importance of not sharing personal information with online 'friends'**

## Keep passwords confidential

## Check their privacy settings

emphasise the importance of not sharing personal information with strangers

## Report any content

e.g. a post, image or harmful, misleading or damaging comment

## Reporting doesn't guarantee immediate removal

platforms assess reported content based on their rules and policies



# RESOURCES AND SUPPORT

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Visit [parentsafe.lgfl.net](https://parentsafe.lgfl.net) for tips and ideas to help parents:

- Manage **screen time**
- Set controls **and settings**
- Understand **apps and games**
- Talk to children about **risk** - from bullying & sharing content, to extremism & gangs

# parentsafe.lgfl.net



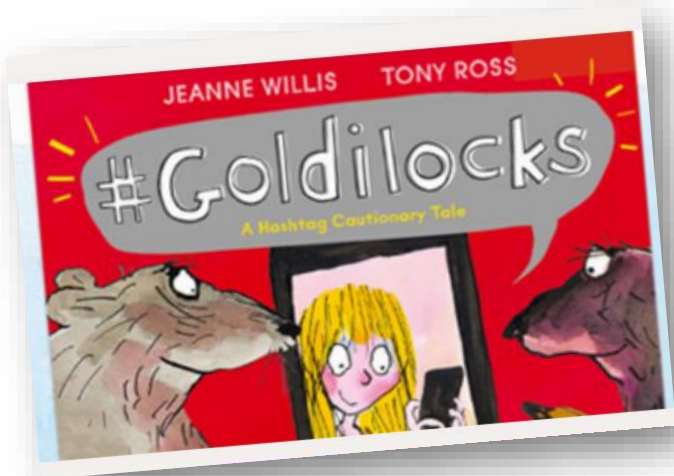
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# PARENTSAFE

Keeping your children safe: online & beyond



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Source: Children and parents: media use and attitudes report 2024

# SIX TOP TIPS

For Parents To Keep Your Children Safe Online

## SafeguardED

Most parents & carers think their children and young people spend too much time on devices. **DON'T FEEL BAD!** Lots of it is perfectly healthy anyway. Instead, follow these tips to keep them safe, happy and healthy.

### Don't worry about screen time; aim for screen quality

Scrolling through social media isn't the same as making a film or story, or video calling Grandma. Use the Children's Commissioner's 'Digital Five A Day' to plan or review each day together.



### Check the safety settings are turned on



Whether it's your home internet, mobile devices, consoles, apps or games, there are lots of settings to make them safer. The key ones are - can they chat to strangers, can they video chat or 'go live', are their posts public? What about safe search and Youtube? See [parentsafe.lgfl.net](https://parentsafe.lgfl.net) for more.

### Get your children to show you their apps and games



You don't need to know all about the latest app or game, but if your child shows you what they are doing and with whom, you'll probably see if it's appropriate or not. Remember 18 games are not more advanced - they are harmful to children! For parent guides to apps, including recommendations for kidsafe apps and video platforms, search for **Common Sense Media** reviews.

### Don't try to hide news about scary things in the news



If you don't talk about it, your children might read inappropriate pages, believe scare stories or simply catastrophise in their heads. Why not watch **Newsround** together and talk about how they feel - there is guidance from **Childline** to help you.

# Where to get help?

- Safeguarding Team:
  - Mrs Hinton
  - Ms Nelson-Cole
  - Mrs Riley
  - Ms Vasques
  - Miss David
- Report any concerns to the School Office via email or phone
- Policies on the School Website